



Empowerment Matters, LLC.



Educators. Coaches. Authors. Speakers. Changemakers.



Dr. John and Dr. Angie Gray are passionate educators and visionary leaders with over 50 years of combined experience from pre-K to higher education. Both have served as teachers, administrators, and professors, with Angie spending more than 20 years as a School Counselor and John serving as faculty and Assistant Dean at Stockton University. Together, they founded **"Empowerment Matters LLC"**, partnering with schools, nonprofits, and community organizations to provide transformative training, coaching, and strategic guidance.

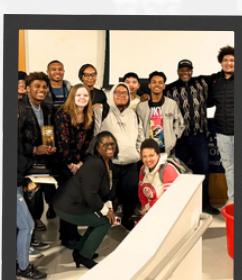
As ordained clergy, they also lead Empowered Life Ministries Church, a virtual ministry focused on faith, family, and community. Their mission is to strengthen schools, families, and communities by fostering healthy relationships, empowering individuals, and inspiring lasting impact.

Keynotes & Workshops

- Restorative Practices / Restorative Justice for Educators
- Social-Emotional Learning & Wellness (SELW)
- Workplace Wellness, Resilience, & Retention Strategies
- Leadership & Professional Development
- Organizational Culture Humility and Belonging
- Student Success Programs
- Positive Behavioral Interventions & Support (PBIS)
- Bullying Prevention
- Graduation & Commencement Keynote Address

Services

- Restorative Practices / Restorative Justice Educational Courses
- Keynotes, Workshops, Professional Development, and Conferences
- Coaching and Consultation Services
- RP Custom Plan Development
- Author Fireside Chat & Author Spotlight Sessions
- Podcast



Book Today



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Description and Benefits of Restorative Practices for Educators

Restorative Practices (RP) is an ongoing process with an underpinning that benefits all stakeholder groups. RP represents a paradigm shift in the modus operandi of education, transitioning from a punitive to a positive perspective. Following these best practices provides additional levels of prevention, intervention, and postvention of challenging behaviors and sets the foundation for win-win, collaborative situations between students and mentors. RP sets up opportunities to increase communication, respect, responsibility, and accountability on many levels.

The goal of RP is to create a sense of belonging and inclusion for all parties, which establishes a cohesive school culture and climate conducive to teaching, learning, and student achievement. The bedrock principles of RP include relationship-building, community cohesion, restoration, reparation, and reintegration.

There are many multi-faceted elements addressed within the constructs of RP, including anti-harassment, intimidation & bullying (HIB), social-emotional learning & wellness (SELW), organizational culture, humility and belonging, character education, conflict resolution, and school safety, to name a few.

With an effective RP community there are many benefits including, but not limited to: absenteeism is reduced, recidivism is minimized, disciplinary intervention is minimized, instruction is prioritized, student engagement is increased, test scores are improved, safety is maintained, the code of conduct is supported, accountability is established and the opportunity for student and school success is created and enhanced.



Types of RP Services Provided

- Trauma-Informed Teaching Practices
- Student Code of Conduct Designs
- Restorative Culture Growth Plan (Built on Pillars & Principles)
- Responsive Support Services
- Restorative Conflict Practices

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